The 10% Campaign is led by the Center for Environmental Farming Systems (CEFS) with support from Golden LEAF and the N.C. Cooperative Extension Service. The 10% Campaign is tracking the demand for NC food through our members' support. Making local food choices makes a difference!

www.nctenpercent.com
Spread the word! The 10% campaign is helping to build North Carolina’s local food economy.

Spring & Summer

MARCH
- Bok Choy
- Celery
- Carrots
- Leafy Greens
- Rutabaga
- Sweet Potatoes
- Peanuts
- Bluefish
- Blue Crab (Soft)
- Grey Sea Trout (Weak-fish)
- Grouper
- Kingfish
- King Mackerel
- Mahi-Mahi (Dolphinfish)
- Mountain Trout
- Oysters
- Snapper
- Tilefish
- Yellowfin Tuna

APRIL
- Strawberries
- Arugula
- Asparagus
- Bok Choy
- Broccoli
- Cabbage
- Celery
- Green Onions
- Greenhouse Tomatoes
- Kale
- Leafy Greens
- Mustard Greens
- Radish
- Spinach
- Sweet Potatoes
- Turnips
- Peanuts
- Bluefish
- Blue Crab (Soft)
- Clam
- Grey Sea Trout (Weak-fish)
- Grouper
- Kingfish
- King Mackerel
- Mahi-Mahi (Dolphinfish)
- Mountain Trout
- Oysters
- Snapper
- Tilefish
- Yellowfin Tuna

MAY
- Blueberries
- Strawberries
- Arugula
- Beets
- Asparagus
- Bok Choy
- Broccoli
- Cabbage
- Celery
- Green Onions
- Greenhouse Tomatoes
- Hot Peppers
- Kale
- Leafy Greens
- Squash
- Sweet Potatoes
- Swiss Chard
- Mustard Greens
- Radish
- Spinach
- Gray Sea Trout (Weak-fish)
- Grouper
- Kingfish
- King Mackerel
- Mahi-Mahi (Dolphinfish)
- Mountain Trout
- Oysters
- Snapper
- Tilefish
- Yellowfin Tuna

JUNE
- Blackberries
- Blueberries
- Honeydew
- Peaches
- Plums
- Strawberries
- Watermelon
- Asparagus
- Arugula
- Beets
- Brussel Sprouts
- Carrots
- Cabbage
- Corn
- Cucumbers
- Eggplant
- Garlic
- Green Beans
- Green Peppers
- Green Onions
- Greenhouse Tomatoes
- Hot Peppers
- Kale
- Kohlrabi
- Leafy Greens
- Mustard Greens
- Radish
- Snow Peas
- Squash
- Sweet Potatoes
- Swiss Chard
- Turnips
- Zucchini
- Peanuts
- Black Sea Bass
- Blue Crab (Soft)
- Blue Crab (Hard)
- Grouper
- Mahi-Mahi (Dolphinfish)
- Mountain Trout
- Oysters
- Snapper
- Spanish Mackerel
- Shrimp
- Tilefish
- Triggerfish
- Yellowfin Tuna

JULY
- Blackberries
- Blueberries
- Honeydew
- Peaches
- Plums
- Raspberries
- Watermelon
- Okra
- Black Sea Bass
- Blue Crab (Soft)
- Blue Crab (Hard)
- Clam
- Grouper
- Mahi-Mahi (Dolphinfish)
- Mountain Trout
- Oysters
- Shrimp
- Snapper
- Spanish Mackerel
- Tilefish
- Triggerfish
- Yellowfin Tuna
- Peanuts

AUGUST
- Apples
- Figs
- Honeydew
- Grapes
- Pears
- Peaches
- Plums
- Raspberries
- Watermelon
- Brussel Sprouts
- Butter Beans
- Cabbage
- Carrots
- Corn
- Cucumbers
- Eggplant
- Field Peas
- Garlic
- Green Beans
- Green Peppers
- Hot Peppers
- Kohlrabi
- Leafy Greens
- Rutabaga
- Spring Onions
- Squash
- Sweet Potatoes
- Tomatoes
- Peanuts
- Black Sea Bass
- Blue Crab (Soft)
- Blue Crab (Hard)
- Clam
- Grouper
- Mahi-Mahi (Dolphinfish)
- Mountain Trout
- Oysters
- Shrimp
- Snapper
- Spanish Mackerel
- Tilefish
- Triggerfish
- Yellowfin Tuna

Help us track the demand for local foods in NC! Sign up today at www.nc10percent.com